

Summit adventure

SUPPORT VEHICLE INFORMATION

All Whitney riders must have their own support vehicle or a team vehicle. **You will not be able to participate in the event without a SAG vehicle and crew.**

These vehicles shall not be used to shadow event participants. The support vehicle shall “leap frog” ahead to safe parking areas entirely off of the highway. Interference with the public by **shadowing or lighting the road ahead is against the California motor vehicle code** and will jeopardize future Whitney Classic Rides. SAG vehicle must display sign reading “Caution-Bicycle Riders on Road”.

If you have to leave the course early, please check out at a SAG stop or tell one of the radio carriers, the ride coordinator, or sign out at the Whitney Classic ride headquarters at the Alabama Hills Comfort Inn.

Please remember that you are guests of Death Valley National Park and the US Forest Service. There is a \$10 entrance fee per vehicle that enters Death Valley. Summit Adventure will pay for your vehicle and this fee covers your rider who is riding into the Park with you. **You do not need to stop at the Visitor's Center to pay these fees.** If you have a National Park Golden Eagle Pass, please let us know, and this will cover your entrance fee.

Tips for Sag crews and rider families:

Role: Support your rider. Be selfless but take care of yourself.

Before the event:

Communicate with your rider(s): strategize and plan for food and supplies.

Prepare vehicle-lights, flashers, tires, bike rack, etc.

Plan for your needs-clothing, have your own supply of liquids and foods because you may not be able to stop at every SAG station.

Get plenty of rest before the event.

Day of the event:

Pack the vehicle so that the necessities are EASILY accessible:

Make sure your support crew understands your plan for the event

Have your cooler with iced water bottles ready to go

Food-mix supplements ahead of time, have your own supply ready

Daytime and night time clothes-for rider and for SAG crew readily available

Tools and lighting system

First aid supplies-include sun screen for rider and sag and know signs of selected first aid topics such as heat exhaustion, hypothermia, etc.

Eat and drink plenty of fluids before the event.

Fully service your vehicle (gas, oil, windshield fluid, etc.) before heading for Badwater.

Arrive at Badwater at least 1 hour before the start time.

Communicate with your rider.

During the event:

Encourage everyone.

Leapfrog with your rider, and use the support vehicle's flashers at night.

Use odometer to mark miles between checkpoints for your rider's information.

Communicate with your rider.



SUGGESTED SAMPLE CHECKLIST FOR SAG VEHICLE
(This checklist is not exhaustive and should be used only as a guideline.)

TOOLS:

Pedal Wrench
Truing stand and truing wrenches
Allen keys
Bottom bracket nut
Cassette nut
Screwdriver (Flat and Phillips head)
Tire Pump

CLOTHING:(See Information for Cyclists for additional suggestions)

Arm warmers
Leg warmers
Windbreaker
Neoprene full-finger gloves
Rainwear
Sunglasses

ACCESSORIES: (Spare Parts)

Chain
Rim set
Tires
Tubes
Brake pads

FOOD:

Water
Sports drinks (pre-made)
Energy bars (Clif Bars, Powerbars, etc.)
Power gel